

Notes of Bridgend Public Services Board

Physical Activity Workshop

28 November 2016 at Kenfig Nature Reserve

Attendance	Organisation
Alison Standfast	WG
Darren Mepham	BCBC
Eirian Evans	NPS Wales
Heidi Bennett	BAVO
Judith Tomlinson	PHW
Martyn Evans	NRW
Natalie Bevan	CRC Wales
Richard Hughes	Awen
Sian Harrop Griffiths	ABMU
Stephen Cook	V2C
Stuart Parfitt	SWP
Vaughan Jenkins	SWFRS
Also in attendance	
Andrew Thomas	BCBC
Angela Farr	Sport Wales
Deborah Morgan (DMn)	Swansea University
Frances Samuel	PHW
Geoff Hobbs	BCBC
Helen Fletcher	NRW
Richard Matthams	BCBC
Simon Gwynne	HALO
Yuan Shen	BCBC
Gaynor Griffiths	Partnership support
Apologies	
Alyson Francis	WG
Andrew Davies	ABMU
Cllr Huw David	BCBC
David Bebb	CRC Wales
Huw Jakeway	SWFRS
Mark Brace	PCC
Joanne Davies	ABMU
Katy Chamberlain	Business in Focus
Martin Jones	SWP
Peter Vaughan	SWP
Simon Pirotte	Bridgend College

Agenda item	Comments	Action
1	Welcome and Introductions	
1.1	DM welcomed all to the meeting and asked for quick introductions, apologies were recorded as above.	

1.2	DM provided background around the format and themes of the workshop style meetings and reflected on the success of the previous Economy workshop.	
1.3	All agreed the workshop approach worked well. Members felt they gained increased knowledge of each other's organisations and an awareness of the wealth of experience around the room.	
1.4	ME noted that WG have published their Well Being Objectives suggesting members take a look.	
1.5	DM then invited SHG to lead the rest of the workshop	
2	Scene Setting	
2.1	SHG outlined the running order of the morning and gave her presentation on 'Setting the Scene'	
2.2	SHG then introduced a series of presentations	
3	Social Isolation and Loneliness	
3.1	Presentation by Deborah Morgan.	
4	The Impact of Physical Activity on Improving Wellbeing	
4.1	Presentation by Judith Tomlinson and Frances Samuel	
5	Planning (including Green Infrastructure) to support physical activity	
5.1	Presentation by Geoff Hobbs and Richard Matthams	
	SHG gave members an opportunity for questions on the presentations made. <ul style="list-style-type: none"> DM queried the cost of ill health in Bridgend SHG confirmed 14.1 million (2002 estimate). JT asked if any effective ways to address loneliness have been identified. DMn advised this is the next phase, initially looked at the transition to loneliness. DMn will forward data on younger people when available to SHG. 	
6	Partner Perspectives	
6.1	Attached as appendix 1	
7	Health Well Being and the Natural Environment	
7.1	Presentation by Helen Fletcher	
8	Getting Bridgend Moving – a partnership approach	
8.1	Presentation by Andrew Thomas and Simon Gwynne	
9	Workshop Discussion	
9.1	SHG then asked the board to split into 3 groups to consider questions.	
10	Review and Reflect	
10.1	DM thanked SHG and the facilitators and asked for a brief summary from each group. Feedback from Workshop attached as appendix 2	
10.2	DM asked whether the workshop format was working, all agreed with the view that the PSB continue to re-focus and identify priorities around specific themes and not wait for the Well Being Assessment (WBA) findings.	
10.3	Following discussion 'Children' was identified as the next topic, BCBC would take the lead. (Please see item 11.3 decision overturned)	
10.4	DM briefly updated members that the Future Generations Commissioner plans to commission a University to examine the 21 WBAs when available then report to the Auditor General.	
11	PSB Information	
11.1	Notes of the previous meeting held on 23 September were approved.	

11.2	YS gave a brief update on the progress of the WBA highlighting the tight timeframe for PSB to consider and sign off the draft report prior to commencing the consultation process with Scrutiny on 30 th January.	
11.3	Discussion followed regarding the importance of giving the draft assessment consideration and all agreed the next scheduled PSB meeting should not follow the half day workshop format as planned but will table the draft WBA for approval.	
11.4	YS thanked members for nominations for the WB Planning group, noting that the group have met once and that the draft terms of reference have been circulated previously.	
11.5	YS presented a report highlighting the success of the Garw Valley Voice action week and the Coleg Y Dderwyn wellbeing day.	
12	Date of Next meeting	
12.1	23 January 2017, SG offered Halo's Bridgend Life Centre as the venue.	