


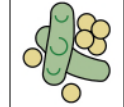


BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 2

✓ = contains MC = may contain MONDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Oven Baked Fish Fillet		✓			✓									
Chinese Chicken	✓													✓
Sauté Potatoes														
Noodles	MC	✓		✓			MC		MC			MC	MC	
Sweetcorn Kernels														
Garden Peas														
Marble Banana Sponge	MC	✓		✓			✓		MC				✓	
Custard (made with custard powder)							✓							
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							






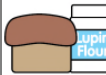








BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 2

✓ = contains MC = may contain TUESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Spaghetti Pasta		✓												
Bolognese Sauce	✓													✓
French Bread		✓											✓	
Tuna & Cheese Melt		✓			✓		✓						✓	
Jacket Potato														
Broccoli Florets														
Diced Mixed Vegetables														
Fruity Coconut Sponge		✓		✓			✓						✓	✓
Citrus Sponge		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							



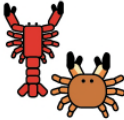











BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 2

✓ = contains MC = may contain WEDNESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Macaroni & Broccoli Cheese		✓		✓			✓							
Pork Grill	✓	✓		✓										
Creamed Potatoes							✓							✓
Country Vegetables														
Baked Beans														
Tomatoes														
Fruity Topped Waffles		✓		✓			✓						✓	
Fruit Jelly		MC					MC						MC	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 2

✓ = contains MC = may contain THURSDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Baked Lamb Grill		✓											MC	✓
Roast Chicken														
Stuffing		✓												
Gravy	MC	✓		MC			MC		MC				✓	
Creamed Potatoes							✓							✓
Boiled Potatoes														✓
Shredded Cabbage														
Baton Carrots														
Fruit Ripple Ice Cream		MC					✓						MC	
Rice Pudding							✓							
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 2

✓ = contains MC = may contain FRIDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cod & Salmon Fishcake		✓			✓									
BBQ Chicken Fillet		✓		MC										
Jacket Potato with Cheese							✓							
Jacket Potato														
Chipped Potatoes														
Garden Peas														
Sweetcorn Kernels														
Banoffee Cupcake		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							