





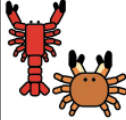











## BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 3

✓ = contains MC = may contain  <b>MONDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Savoury Meatballs in Tomato Sauce		✓					✓							✓
Tuna & Sweetcorn Pasta		✓		✓	✓									
Jacket Potato														
Pasta		✓												
Country Vegetable Medley														
Tropical Sponge		✓		✓			✓						✓	✓
Custard (made with custard powder)							✓							
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		<b>MC</b>					✓						<b>MC</b>	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

## BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 3

✓ = contains MC = may contain  <b>TUESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cod Fish Fillet Fingers		✓			✓									
Cheesy Topped Ranch Pie							✓						✓	✓
Boiled Potatoes														✓
Seasoned Potatoes														
Mixed Diced Vegetables														
Broccoli														
Arctic Roll & Fruit Slices		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		<b>MC</b>					✓						<b>MC</b>	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							



## BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 3

✓ = contains MC = may contain  <b>WEDNESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Roast Pork & Apple Sauce														
Stuffing		✓												
Gravy	MC	✓		MC			MC		MC				✓	
Chicken & Lentil Stew	MC	✓		MC			MC		MC				✓	
Vegetable Stew	MC	✓		MC			MC		MC				✓	
Boiled Potatoes														✓
Creamed Potatoes							✓							✓
Green Beans														
Baton Carrots														
Raspberry Slice		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

## BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 3

✓ = contains MC = may contain  <b>THURSDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Wholemeal Cheese & Tomato Pizza		✓					✓							✓
Chicken & Vegetable Burrito (Bolognese or BBQ Sauce)		✓												✓
Savoury Pasta		✓												✓
Jacket Potato														
Sweetcorn Kernels														
Garden Peas														
Steamed Jam Sponge		✓		✓			✓						✓	
Custard (made with custard powder)							✓							
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		<b>MC</b>					✓						<b>MC</b>	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

## BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 3

✓ = contains MC = may contain  <b>FRIDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Lemon Sole Grill		✓			✓									
Hotdog		✓										MC	✓	✓
Jacket Potato topped with Cheese							✓							
Jacket Potato														
Chipped Potatoes														
Baked Beans														
Garden Peas														
Fruit Flapjack		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							