

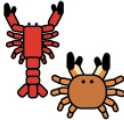
BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 1

✓ = contains MC = may contain TUESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Chicken & Leek Casserole	✓	✓		MC			MC		MC				✓	
Roast Beef														
Yorkshire Pudding		✓		✓			✓							
Vegetable Casserole	MC	✓		MC			MC		MC				✓	
Gravy	MC	✓		MC			MC		MC				✓	
Creamed Potatoes							✓							✓
Green Beans														
Diced Swede														
Arctic Roll & Peach Slices		✓		✓			✓						✓	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 1

✓ = contains MC = may contain WEDNESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Haddock Bake		✓			✓									
Mexican Chilli														✓
Boiled Potatoes														✓
Vegetable Rice														
Baked Beans														
Broccoli														
Jam & Cream Scone		✓					✓						✓	
Fruit Jelly		MC					MC						MC	
Cream Swirl		MC					✓						MC	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 1

✓ = contains MC = may contain THURSDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Savoury Meatballs in Gravy	MC	✓		MC			✓		MC				✓	
Cod & Salmon Fish Fingers		✓			✓									
Boiled Potatoes														✓
Spaghetti in Tomato Sauce		✓												
Country Vegetables														
Apple Crumble		✓		MC			MC						MC	
Apple Sponge		✓		✓			✓						✓	
Custard (made with custard powder)							✓							
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							

BRIDGEND PRIMARY SCHOOL MENU 2018 – WEEK 1

✓ = contains MC = may contain FRIDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Wholemeal Cheese & Tomato Pizza		✓					✓							✓
Chicken Tikka							✓							✓
Chicken Korma							✓							✓
Wholegrain Rice														
Chipped Potatoes														
Garden Peas														
Sweetcorn Kernels														
Chocolate & Banana Cookies		✓		✓			✓						MC	
Wholemeal Bread		✓											✓	
Yoghurt							✓							
Cheese & Biscuits		✓					✓							
Ice Cream (made with mix)		MC					✓						MC	
Ice Cream Tub							✓							
Fresh Fruit														
Semi-Skimmed Milk							✓							