

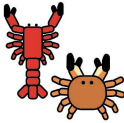

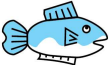











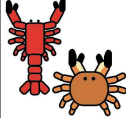

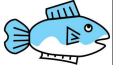
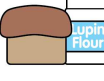












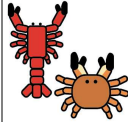











## BRIGDEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 2

✓ = contains MC = may contain  <b>MONDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	
Texan Chicken Quesadillas		✓					✓							
Sweet & Sour Pork	✓													
Noodles	<b>MC</b>	✓		✓					<b>MC</b>			<b>MC</b>	<b>MC</b>	
Wholegrain Rice														
Sweetcorn Kernels														
Garden Peas														
Marble Banana Sponge		✓		✓			✓						✓	
Custard		<b>MC</b>					✓						<b>MC</b>	

## BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 2



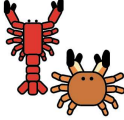
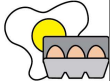
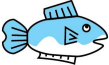
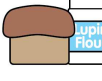








✓ = contains MC = may contain  <b>TUESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Sausage Casserole	<b>MC</b>	✓		<b>MC</b>			✓		<b>MC</b>				✓	
Roast Beef														
Yorkshire Pudding		✓		✓			✓							
Gravy	<b>MC</b>	✓		<b>MC</b>			<b>MC</b>		<b>MC</b>				✓	
Crusty Wholemeal Herby Bread		✓				<b>MC</b>	✓					✓		
New Potatoes														✓
Broccoli														
Cauliflower														
Apple Tart		✓					✓							
Custard		<b>MC</b>					✓						<b>MC</b>	

## BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 2

✓ = contains MC = may contain <b>WEDNESDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Bacon Steak														
Chicken & Vegetable Bake	✓	✓		MC			✓		MC				✓	
Creamed Potatoes							✓							✓
Green Beans														
Baton Carrots														
Cheesecake		✓					✓						✓	



## BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU – WEEK 2

✓ = contains MC = may contain  <b>FRIDAY</b>														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Battered Cod Fillets		✓			✓									
Hunters Chicken							✓							✓
Jacket Potato														
Chipped Potatoes														
Sweetcorn Kernels														
Garden Peas														
Blueberry Muffin		✓		✓			✓						<b>MC</b>	