

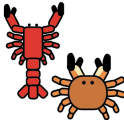
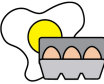

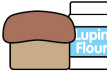










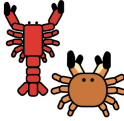

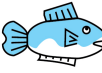
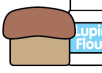






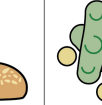
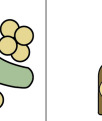


BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU 2024-2025 – WEEK 1



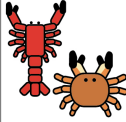

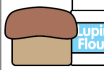






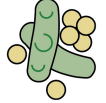

✓ = contains MC = may contain MONDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Beef Burritos		✓ - wheat												
Sweet Potato & Spinach Curry									✓	MC – almonds & cashews	MC	MC	MC	
Vegetable Rice														
Potato Wedges														
Garden Salad	MC													
Broccoli														
Sweetcorn														
Fresh Fruit														
Yogurt							✓							

BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU 2024-2025 – WEEK 1



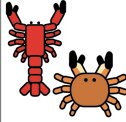

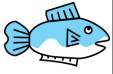
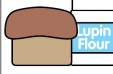








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✓ = contains MC = may contain WEDNESDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Roast Pork														
Stuffing		✓ - wheat												
Vegetable & Lentil Cottage Pie	✓													✓
Gravy	MC	✓ - wheat		MC			MC		MC				MC	
Vegan Gravy														
Creamed Potatoes														✓
Cabbage														
Carrots														
Cauliflower														
Fresh Fruit														
Yogurt							✓							

BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU 2024-2025 – WEEK 1

✓ = contains MC = may contain THURSDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Cheese & Potato Pie							✓							✓
Bacon														✓
Baked Beans														
Vegetable Plant Balls in Tomato Sauce														
Pasta		✓ - wheat												
Broccoli														
Garden Peas														
Country Vegetables														
Raspberry & Peach Swirl Sponge		✓ - wheat		✓			✓						✓	
Custard							✓							

BRIDGEND COMPREHENSIVE SCHOOL MAIN MEAL MENU 2024-2025 – WEEK 1

✓ = contains MC = may contain FRIDAY														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide / Sulphites
Fish Fillet (Fishwich) in a Bun		✓ - wheat			✓				✓				MC	
Quorn Dippers		✓ - wheat												
Jacket Potato														
Chipped Potatoes														
Garden Salad	MC													
Mini Corn Cobs														
Green Beans														
Fresh Fruit														
Yogurt							✓							