

# Bridgend Early Help services video transcript

Children, young people and their families sometimes need a little extra help and support to have happy, healthy and successful lives.

Our Early Help team is here to find you the right help at the right time by listening to you.

We put the family at the centre of our support from start to finish.

We can support you with:

- parenting or communicating with your child and managing challenging behaviour
- wellbeing and resilience support for you and your children
- issues around school attendance
- domestic abuse and financial support
- housing and employment

How early help works:

Once receiving a referral, an Early Help worker will arrange to meet with you to complete a whole family assessment.

We will talk about strengths as well as areas that could be improved and look at changes you would like to make to improve family life.

Once the assessment has been completed with your support worker, you will agree an action plan.

We may also contact other organisations who have supported your family in the past or could help in the future.